



# Weekly Music Fun - 2 -



## FAST AND SLOW

[Tempo - 1st level Music - BBC Bitesize](#)



**'William Tell Overture' by Rossini >**

A orchestra play the 'William Tell Overture' by Rossini, supported by Makaton and Widgit.



This is a fast and slow action song.

<https://www.youtube.com/watch?v=tZpM3PTCry8>

This is a Sesame Street story about

fast and slow. <https://www.youtube.com/watch?v=yPBNx6eB18w>



If you want to do something more challenging, learn about acceleration and deceleration which is getting fast and getting slow. Can you sing or play an instrument starting very slowly and get faster and faster? This is a link to Zorba the Greek, a piece of music and a dance that starts slow and gets faster.

<https://www.youtube.com/watch?v=kG12C1oX5Eo>



Can you start fast and slow down? Perhaps someone can conduct you with an up down beat of the hand to show you the beat. Changing the tempo can make you concentrate on watching the conductor.

If you want to combine fast and slow with a massage, you could use this song to the tune of 'row row the boat'.

*Rub rub rub your hand, rub it very slow, rub rub rub your hand, rub it very slow. Rub rub rub your hand, rub it very fast, rub rub rub your hand rub it very fast. And so on.*

