



South Downs School

The Southfield Trust

Head of School: Penny Kershaw

EYFS Manager West Site: Rachael Smart

Assistant Head of School East Site: Jackie Bale

Learning at Home

At the South Downs School we do not send home formal homework tasks as such because many of our pupils find it difficult to access work activities when they are no longer in their school.

Instead, we have compiled a list of activities which can help you to develop key skills in the South Downs curriculum areas.

These may not appear to be 'work' as they are everyday activities but they are easier to fit into day to day life and will enable your child to generalise their learning in different environments.

All of these activities will encourage communication between you and your child. Please use your child's preferred method of communication to support discussion during these activities.

Just like during the school day, we recommend that there are regular movement breaks and undirected time to enable pupils to have time to process what they have discovered.

It is also crucial to encourage children to be as independent as possible, this can mean allowing them to lead the learning and seeing where it takes you.

Enjoy the journey!



South Downs School

The Southfield Trust

Head of School: Penny Kershaw

EYFS Manager West Site: Rachael Smart

Assistant Head of School East Site: Jackie Bale

Reading	<ul style="list-style-type: none">• Sharing a book together• Looking at favourite comic books• Matching names of family with photos• Looking at a catalogue or magazine• Recognising shop and restaurant names• Reading labels in shops• Finding a favourite app on the ipad
Writing	<ul style="list-style-type: none">• Drawing shapes in the flour when baking• Painting with water on the wall or pavement• Helping to put name/initials in school clothes or personal items.• Writing in cards for family• Help with making a shopping list• Keeping a diary of what has happened at the weekend – picture, collage or writing
Maths	<ul style="list-style-type: none">• Counting out items of clothing – one t-shirt, two socks...• Matching socks• Sequencing – what do we put on 1st then 2nd? what are we going to do after we brush our teeth?• Looking for numbers in the supermarket – which aisle is the bread?• Name shapes around them – what does the window look like? What shape is the drain cover?



South Downs School

The Southfield Trust

Head of School: Penny Kershaw

EYFS Manager West Site: Rachael Smart

Assistant Head of School East Site: Jackie Bale

	<ul style="list-style-type: none">• Helping to pay – exchanging money /card for items• Identifying groups – look for all the red cars, what things can you see with wheels, can we find things which roll?
Science	<p>Life Processes</p> <ul style="list-style-type: none">• Look at pictures of how they have changed / family members have changed• Identify body parts when getting changed• Looking after pets• Identifying animals they see out and about• Identify foods when shopping / eating <p>Physical Processes</p> <ul style="list-style-type: none">• Explore making shadows• Pushing and pulling things around them• Helping to use things which use electricity• Water play in the bath <p>Seasonal Change</p> <ul style="list-style-type: none">• commenting on the weather – what do we wear when it is...• Noticing the differences between day and night• Look at leaves changing colour / falling down• Talk about the date -day and month



South Downs School

The Southfield Trust

Head of School: Penny Kershaw

EYFS Manager West Site: Rachael Smart

Assistant Head of School East Site: Jackie Bale

<p>Physical Development</p>	<ul style="list-style-type: none">• Playing in the garden• Soft play• Playing in the park• Helping in the kitchen – mixing, grating, chopping• Folding clothes• Moving, pushing or lifting heavy items – the deep pressure can be very calming
-----------------------------	---